

Miller School District

High School Lunch Menu

Sep 1, 2010

Page 1

September 2010

Monday	Tuesday	Wednesday	Thursday	Friday
		Sep - 1 PEPPERONI PIZZA 2nd HAM SANDWICH 3rd CHEF SALAD COTTAGE CHEESE BABY CARROTS PEACHES MILK	Sep - 2 CHICKEN SANDWICH 2nd TURKEY SANDWICH 3rd CHEF SALAD TATER TOTS BAKED BEANS PUNCH SHAPE-UP MILK	Sep - 3 FISH STICKS 2nd PB&J SAND 3rd CHEF SALAD MACARONI & CHEESE GREEN BEANS CHERRY CRISP MILK
Sep - 6 NO SCHOOL TODAY	Sep - 7 CHICKEN ALFREDO 2nd PB&J SAND 3rd CHEF SALAD BREAD STICK GREEN BEANS CHOC CHIP COOKIE MILK	Sep - 8 HOT DOG 2nd HAM SANDWICH 3rd CHEF SALAD TATER TOTS SALAD FRESH FRUIT SALAD MILK	Sep - 9 SPAGHETTI 2nd TURKEY SANDWICH 3rd CHEF SALAD TEXAS TOAST BROCCOLI PEACHES MILK	Sep - 10 HAMBURGER 2nd PB&J SAND 3rd CHEF SALAD FRENCH FRIES BABY CARROTS ORANGE SHAPE-UP MILK
Sep - 13 TACO SALAD 2nd TURKEY SANDWICH 3rd CHEF SALAD SPANISH RICE APPLE CHOC CHIP COOKIE MILK	Sep - 14 BBQ CHICKEN SANDWICH 2nd PB&J SAND 3rd CHEF SALAD FRENCH FRIES CELERY FRUIT MIX MILK	Sep - 15 CHICKEN NUGGETS 2nd HAM SANDWICH 3rd CHEF SALAD COTTAGE CHEESE PEAS FUDGE BAR MILK	Sep - 16 LASAGNA 2nd TURKEY SANDWICH 3rd CHEF SALAD TEXAS TOAST BROCCOLI WATERMELON MILK	Sep - 17 SAUSAGE PIZZA 2nd PB&J SAND 3rd CHEF SALAD CORN BABY CARROTS CHERRY SHAPE-UP MILK
Sep - 20 DRUMSTICK 2nd TURKEY SANDWICH 3rd CHEF SALAD MASHED POTATOES SALAD CHOCOLATE PUDDING MILK	Sep - 21 CHEESEBURGER MAC 2nd PB&J SAND 3rd CHEF SALAD COTTAGE CHEESE BROCCOLI PEANUT BUTTER COOKIES MILK	Sep - 22 CHICKEN & NOODLES 2nd HAM SANDWICH 3rd CHEF SALAD BREAD & BUTTER GREEN BEANS PEARS MILK	Sep - 23 CORN DOG 2nd TURKEY SANDWICH 3rd CHEF SALAD BAKED BEANS SALAD BROWNIES MILK	Sep - 24 TURKEY SANDWICH 3rd CHEF SALAD CHEETOS BABY CARROTS FUDGE BAR MILK
Sep - 27 SAUSAGE PIZZA 2nd TURKEY SANDWICH 3rd CHEF SALAD CORN CELERY COWBOY COOKIES MILK	Sep - 28 MEXICAN CASSEROLE 2nd PB&J SAND 3rd CHEF SALAD REFRIED BEANS SALAD WATERMELON MILK	Sep - 29 PORK PATTY 2nd HAM SANDWICH 3rd CHEF SALAD MASHED POTATOES BROWN GRAVY COTTAGE CHEESE SUGAR COOKIE	Sep - 30 CHICKEN NUGGETS 2nd PB&J SAND 3rd CHEF SALAD MACARONI & CHEESE PEAS PEACHES MILK	

Menus may change WITHOUT notice!

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.